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The Alberta Mentoring Partnership's **Mentoring** Minute





Happy New Year! It's <u>Mentoring Month</u> and AMP is here to support and enhance mentoring in Alberta. The theme for Mentoring Month 2024 is **appreciation**! Join us in celebrating and highlighting the many volunteers and staff that make mentoring a success. We look forward to strengthening mentorship in Alberta, in partnership with you!

We'd love to profile your volunteers, our partners can complete this <u>form</u> and add mentoring stories that we will highlight throughout the month of January.

Mentoring Month Press Release

Alberta Mentoring Partnership



Mentoring Month Toolkit

January is #MentoringMonth! Our time to #AmplifyMentoring, and show appreciation for all the people that help enhance the lives of others through mentoring.

Important Dates

I Am A Mentor Day - January 11

Did you have a role model growing up? That coach, auntie/uncle, or maybe a teacher that was a part of your life and inspired you? We're so grateful for all the mentors that lead by example, every day, in our community! #MentoringMonth #AmplifyMentoring

International Mentoring Day - January 17

Around the world, naturally supportive networks can uplift youth & strengthen communities—Thank you to everyone who invests in caring, supportive relationships, that build welcoming and resilient communities. #MentoringMonth #AmplifyMentoring

Thank Your Mentor Day - January 25

It's Thank Your Mentor Day! Thank a mentor in your life who has offered you support and guidance, in our comments! #MentoringMonth #AmplifyMentoring



Utilize our Mentoring Month Toolkit to help you maximize how you can join in on the celebration of mentoring!

Abdallah & Adam's Match Story



Enjoy this inspiring match story from our patner, Boys & Girls Clubs Big Brothers Big Sisters Of Edmonton & Area

More than 800 kids are waiting to be paired with someone they can spend time with and look up to. Watch this CTV News clip that highlights Abdallah & Adam's match story.

What is the Mentoring Gap?



In simple terms, the Mentoring Gap can be defined as a lack of access to the right kind of mentoring opportunities at the right time, especially for equity-deserving young people. <u>Mentor Canada's</u> State of Mentoring research has uncovered four dimensions of the Mentoring Gap, continue reading to learn more!

Read More

Mentor Canada Infographic

FUTURE º GOOD

When young people are mentored, everyone wins.

So why aren't there enough people stepping up to mentor?

In partnership with 夫 Mentor Canada <u>MentoringCanada.ca</u>



This great Mentoring Mindset infographic from Mentor Canada provides facts and resources in a concise format. Check it out and share with your network!

Click Here for the Full Infographic

Upcoming Events



The Power of Mentorship: A catalyst for Career and Personal Success

January 23, 2024, 3:00PM MST

Mentorship programs play a vital role in nurturing the ambitions and well-being of Indigenous youth. By providing cultural connection, tailored guidance, access to networks and opportunities, and fostering personal growth, mentorship paves the way for Indigenous youth to realize their full potential and make meaningful contributions to society.

Topics:

- Value of mentorship
- How to select your mentor
- Making the ask to a potential mentor
- Setting goals with your mentor
- Mentoring resources for the mentee, mentor, and mentoring program coordinator

Speaker: Tanya Tourangeau

Register Now



Campfire Kinship: Mentorship Essentials January 23, 2023 (12PM – 1PM MST)

This workshop, "Mentorship Essentials," is focused on fundamental principles crucial for effective mentorship with Indigenous students. Participants will delve into essential skills such as active listening, empathetic communication, and fostering a safe and inclusive environment.

Learning Objectives:

Explore culturally sensitive mentoring approaches Gain insights into supporting the unique challenges faced by Indigenous students Incorporating trauma-informed practices

Register Now

Stay updated on upcoming events!

View Event Calendar

Does your agency have an event coming up? Or a great story that the world needs to hear? Let us know!

The Alberta Mentoring Partnership wants to help spread your message far and wide.

