

# Mentoring Month Toolkit

January is #MentoringMonth! Our time to #AmplifyMentoring, and show

appreciation for all the people that help enhance the lives of others through mentoring.

### **Important Dates!**

#### I Am A Mentor Day - January 11

Did you have a role model growing up? That coach, auntie/uncle, or maybe a teacher that was a part of your life and inspired you? We're so grateful for all the mentors that lead by example, every day, in our community! #MentoringMonth #AmplifyMentoring

#### **International Mentoring Day - January 17**

Around the world, naturally supportive networks can uplift youth & strengthen communities— Thank you to everyone who invests in caring, supportive relationships, that build welcoming and resilient communities. #MentoringMonth #AmplifyMentoring

#### Thank Your Mentor Day - January 25

It's Thank Your Mentor Day! Thank a mentor in your life who has offered you support and guidance, in our comments! #MentoringMonth #AmplifyMentoring







# **Key Messages**

- Research shows that being involved in a mentoring relationship has a positive impact on a young person's school attendance, social skills, attitude, and behaviour with friends and family.
- Mentoring builds strong, safe, and resilient communities.
- Mentoring is a 2-way street that benefits the mentor AND mentee.

# Social Media Engagement

Share the love this Mentoring Month to appreciate the people make the community a better place. Highlight a match story, thank a mentor, share your own mentor/mentee experience.

Be sure to tag AMP on social media and use #MentoringMonth & #AmplifyMentoring







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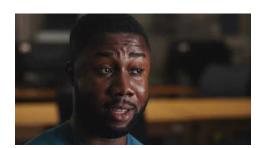
## **Videos**



Celebrating National Mentoring Month



**Mentoring Amplifies** 



**Mentoring Stories:** Frank & Jesse

Click Here to **Access Graphics**