

Mentoring in Schools - Resources

[Alberta Mentoring Partnership \(AMP\)](#)

Framework for Building Mentoring Relationships in Schools

- Good starting place as you think about bringing mentoring to your school
- Looks at different models of mentoring in schools
- Planning templates with questions to consider
- Currently being revised and updated

Teen Mentoring Toolkit

- DIY 'kit' for starting teen mentoring in your school (or organization)
- Divided into the important topics that are needed to ensure successful teen mentoring
- In the on-line version you can go directly to the section you are interested in
- Includes tools and customizable templates i.e. permission letters, application forms, sample surveys

Career and Technology Studies (CTS) courses (available in French)

- Five 1 credit courses on mentoring
- Sometimes combined with leadership courses
- Must be taught by a certificated teacher in order to receive credits

High School Teen Mentoring Handbook (available in French)

- Written for students (but can also be used with adults)
- Designed to be worked through with a teacher, not given out as a workbook
- Supports the outcomes in the CTS courses
- Contains information on
 - Developmental assets
 - Characteristics of children and youth
 - Communication skills
 - Strength based approach
 - Safety
 - Career exploration
 - And more

High School Teen Mentoring Activity Book (available in French)

- Ideas for activities - mentor/mentee
- Some are a bit dated
- Meant to be a starting place - mentors can use the ideas to design something appropriate and engaging for their mentee
- Includes
 - Strategies and tips
 - Getting to know each other
 - And more

On-line Mentor Training

- Orientation for mentors, both teens and adults
- Free!
- About an hour long - can start and stop
- Certificate is available upon completion
- Meant as an orientation to be supplemented with on-going training

Mentee Orientation

- Hard copy (PDF) available online
- Not currently on-line

Mentoring Immigrant, Refugee and Newcomer Children and Youth

- Created with input from an advisory committee representing organizations supporting immigrant, refugee and newcomer families
- Contains 9 resources each focusing on an element of successful mentoring programs
- Considerations specific to mentoring youth new to Canada

Strength-Based Mentoring

- Looks at focusing and building on a mentee's strengths vs. a deficit model
- Includes ideas to build into on-going training

Indigenous Mentoring <https://albertamentors.ca/indigenousmentoring/>

- Guide for Mentoring Indigenous Communities
- 3 Tools that accompany the Guide
- Pow Wow 101
- AMP Indigenous Engagement Lead tanya.tourangeau@albertamentors.ca

Knowledge Hub hub.albertamentors.ca

- Evaluation information eval.albertamentors.ca

Other Resources

National Mentoring Resource Center

- Contains links to a wide variety of resources and websites organized by topics such as: guides and handbooks, training, etc.

Education Northwest

- Also contains links to specific resources
- Check out *The ABCs of School-Based Mentoring*

The Mentoring Partnership of Southwestern Pennsylvania

- [Everyday mentoring weekly tips](#) - always a connection to the Search Institutes Developmental Assets

- [Peer Mentor Handbook](#)
 - Written by youth for youth
 - Simple training/orientation guide

Connections First (natural supports)

- Info and reports about natural supports
- [Social Snacking](#) - simple everyday interactions that make a difference
 - Can challenge students to 'social snack' and see what they observe

Integrated Youth Development (IYD) - Webs of Support

- Based on the concept that one ACE (authentic, competent, empathic) adult or 'anchor' is not enough to support a young person today
- That person may fall out of a youth's life for a variety of reasons
- Research has shown that 5 or more 'anchors' in a person's life creates a stronger Web of Support
- What might your role be ...?

Junior Achievement

- All our programming is curriculum linked, peer reviewed and absolutely **free of charge**.
- We offer financial literacy, work readiness and entrepreneurship courses that can be completed in the classroom with either a volunteer or teacher leading the way, or students can enroll in **self-directed** options.
- To learn more about our youth-serving agency participants can visit:
<https://janorthalberta.org/>
- Angelika Hogan (Program Supervisor) Tel: 780-242-4247 | ahogan@janorthalberta.org

Ever Active Schools: Indigenous Youth Mentoring Program IYMP

Intergenerational Mentoring

- [LINKages](#)
- [Linking Generations](#)

52 Mentoring Activities - One for each week