Engaging & Empowering:
How to Become an Effective Mentor for Vulnerable Youth

This 9-module MOOC geared towards mentors interested in supporting vulnerable youth and receiving equitable access and supports that build resilience. We'll walk you through the 3-E mentorship stages—Establishing, Engaging, and Empowering – to help you build a fruitful mentoring relationship with your mentee(s).

For organizations who want to enhance their capacity to serve vulnerable youth and to ensure that they have equitable access to supportive adults, the course provides not only professional development for your staff and volunteers, but opportunities for them to meet and collaborate with allies across the globe.

1. **Course Introduction:** This module provides a general overview of the course, expectations, certificate requirements, participation guide and mentor readiness self-assessment tool.

2. **Youth Vulnerability Framework**: Examining & redefining the concept of Youth Vulnerability in terms of individual & systemic factors affecting youth and contributing to youth disengagement.

3. **Mentor & Mentee Roles:** Understanding the importance of mentorship in youth development & the roles of mentors & mentees in this development process.

4. **Organizational Roles and Responsibilities:** Giving mentors context in understanding the structures and supports available to them.

5. **Establishing Mentor-Mentee Relationship:** Establishing relationships with mentees and their supportive adults.

6. **Engaging:** Discovering the methods and best practices for effectively engaging vulnerable youth

7. **Empowering:** Directing learners on how to empower their mentees.

8. **Case Studies - Becoming aware of youth vulnerabilities:** Examining the spectrum of youth vulnerability through six unique case scenarios.

9. **Reporting, Closure and Redefinition:** This module wraps up the course by shedding light on how to close and redefine the mentor-mentee and mentor-organization relationships.