**Teen Mentoring Program Overview for Mentees (Sample)**

The Teen Mentoring Program matches students in grades 10-12 from XYZ High School with students in grades 1-4 from ABC Elementary School. The mission of the Teen Mentoring Program is to engage students in creating welcoming, caring, respectful and safe school communities through the development of positive mentoring relationships. The goals of the program are to enhance the social well-being of program participants, increase a sense of belonging and school connectedness, and to match mentees with a mentor who models positive, responsible behaviour.

Teen mentors commit to spending consistent, weekly time with a child (mentee) being a friend, role model, and confidant. Teen mentors meet one-to-one with an assigned mentee at ABC Elementary School and participate in games, activities, crafts, conversation and goal-setting from October until the end of the school year. Teen mentors listen to their mentees, provide support and guidance, help them to build communication and social skills, and develop a friendship based on trust and respect.

**Benefits of Teen Mentoring Programs for Mentees**

Teen mentoring has been shown to have the following positive impacts on children and youth:

* Positive attitudes toward and connectedness to school and peers
* Enhanced self-efficacy
* Improved grades, academic motivation and achievement
* Improved social skills and behaviour
* Improved resiliency
* Strengthened relationships with family and peers

**Mentee Eligibility**

Students in grades 1-4 at ABC Elementary School who are interested in being matched with a teen mentor and have permission from their teacher and parent are eligible to apply to be a mentee with the Teen Mentoring Program.

**Mentee Roles and Responsibilities**

* Work towards a good relationship with the mentor
* Abide by the rules and regulations of the program
* Be ready and on time for program activities
* Communicate with program staff on a regular basis
* Discuss any feelings of discomfort or any problems with program staff
* Complete a survey at the end of the program

For more information, please contact Suzanne Smith, teacher at ABC Elementary School at (555) 555-1234.