

# Teen Mentor Pre-Mentoring Survey 2013-2014

## 1. Demographic Information

### Date of Survey:

Date only:      MM      DD      YYYY  
 /  /

### School District

- |                                  |                                    |
|----------------------------------|------------------------------------|
| <input type="radio"/> Edmonton   | <input type="radio"/> Lac La Biche |
| <input type="radio"/> Strathcona | <input type="radio"/> Vegreville   |
| <input type="radio"/> Parkland   | <input type="radio"/> Cold Lake    |
| <input type="radio"/> Morinville |                                    |

### Mentor's School:

- |   |                                     |
|---|-------------------------------------|
| <input type="radio"/> Lillian Osborne High School | <input type="radio"/> J Percy Page  |
| <input type="radio"/> Austin O'Brien              | <input type="radio"/> McNally       |
| <input type="radio"/> Dan Knott                   | <input type="radio"/> M E Lazerte   |
| <input type="radio"/> Edith Rogers                | <input type="radio"/> Ross Sheppard |
| <input type="radio"/> Holy Trinity                | <input type="radio"/> St. Joseph    |

Other (please specify)

### Mentor Grade:

- ☐ Grade 7
- ☐ Grade 8
- ☐ Grade 9
- ☐ Grade 10
- ☐ Grade 11
- ☐ Grade 12

### Mentor's name:

### Mentor's Gender:

- ☐ Female
- ☐ Male

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**Have you ever been a mentor in this program before this semester?**

- ☐ Yes
- ☐ No

**If Yes, to the question above, how many years have you participated in this mentoring program?**

- ☐ One year
- ☐ Two years
- ☐ more than two years

**Will you be volunteering:**

- ☐ during school
- ☐ after school

## 2.

There are no right or wrong answers, just please answer all of the questions as truthfully and completely as you can. Everything you tell us will be kept private. Your answers will not be shared with your parents or your guardians or your teachers. We are only interested in what youth as a group tell us and not your individual answers, so we will not use your name.

For each question, decide how true the sentence is for you. Then choose the answer that fits best.

**For each statement, please indicate how true it is for you. Please choose one answer for each.**

|   | False                 | Mostly False          | Sometimes             | Mostly True           | True                  |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| I have many friends.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Others my age want me to be their friend.                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Most others my age like me.                                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I get along easily with others my own age.                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| When I say what I think of how I feel, other kids usually listen. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Other kids bully or harass me at school or around the school.     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

# Teen Mentor Pre-Mentoring Survey 2013-2014

## About school/employment:

**For each statement, please indicate how true it is for you. Please choose one answer for each.**

|  | Never                 | A little of the time  | Some of the time      | Most of the time      | Always                |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| I enjoy being at school.                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am doing my best at school.                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| School is important for achieving my future goals. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| In general, my teachers treat me fairly.           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have trouble figuring out the answers in school. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I do very well in my class work.                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know how to prepare a good resume.               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am confident I would do well in a job interview. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know where to go if I am looking for a job.      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## Generally my marks in school are:

**For each statement, please indicate how true it is for you. Please choose one answer for each.**

|   | Never                 | A little of the time  | Some of the time      | Most of the time      | Always                |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| I can make friends with people who are different from me.       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I can solve the arguments I get into with others.               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel comfortable going to others for help when I need it.     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am able to keep friends who are good for me.                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I usually have a positive influence on the people around me.    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am good at helping someone else make a change for the better. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am a good role model for others.                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents respect my feelings.                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My parents accept me as I am.                                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My family gives me a lot of love.                               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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## Sense of Identity

**For each statement, please indicate how true it is for you. Please choose one answer for each.**

|                                       | False                 | Mostly False          | Sometimes             | Mostly True           | True                  |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| In general, I like the way I am.      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Overall, I have a lot to be proud of. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| A lot of things about me are good.    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| When I do something, I do it well.    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I like the way I look.                | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**Please again choose one answer for each.**

|   | Rarely true of me     | Sometimes true of me  | Often true of me      | Very often true of me |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| I think that most things I do will turn out okay.         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I hope for the best.                                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel like my life has purpose.                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel that I have control over things that happen to me. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

# Teen Mentor Pre-Mentoring Survey 2013-2014

## Understanding Me

**For each statement, please indicate how true it is for you. Please choose one answer for each.**

|  | Never                 | A little of the time  | Some of the time      | Most of the time      | Always                |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| I feel supported by adults around me.                                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have good friends who care about me.                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know that I am important to people around me.                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know my own potential.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel excited about who I am.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel like I can be myself in almost any situation.                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know the things about me that need to change and get better.             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel good about the kind of person I am becoming.                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I believe that the next few years will be very good ones for me.           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am excited about my future.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have friends that help me make good choices.                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have people in my life that I can trust and rely on.                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have an adult in my life that I can talk to about almost anything.       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have an adult in my life who helps me make healthy choices.              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I know about community and school resources that can help me if I need it. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have special skills, hobbies or talents I do outside of school.          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Adults in my community make me feel important.                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## General Values

|   | Never                 | A little of the time  | Most of the time      | Always                |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| I like doing things for others.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I would cheat on a test if I knew I could get away with it.             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I go along with what my friends say or do, even if I think it is wrong. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I avoid telling the truth or I tell lies to get out of trouble.         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I respect others, even if they have different beliefs or views from me. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have friends from different cultural backgrounds.                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

# Teen Mentor Pre-Mentoring Survey 2013-2014

## Making Choices

Please choose one answer for each comment that best fits you.

|   | Never                 | A little of the time  | Some of the time      | Most of the time      | Always                |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| I feel good about my ability to solve problems.                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I like to stick with challenges even if they are hard for me.             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel comfortable learning from my mistakes.                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I can figure out most things, even if they are hard.                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel comfortable joining a new activity or group.                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel comfortable disagreeing with my friends if I think they are wrong. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I want to talk to others about what is important to me.                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I can express my thoughts and feelings so that others understand me.      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I make good choices even when they are hard for me to make.               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| It is important for me to play and be active every day.                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I usually know what choice to make in a tough time.                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I usually make the right decision even when it is a hard decision.        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I try to include others in the activities I do.                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I look out for others who are being left out or ignored.                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I think about the feelings of others in my actions.                       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I think that we should help other people.                                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I spend time volunteering or working without pay.                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## Community

|   | Never                 | Some of the time      | Most of the time      |
|---|-----------------------|-----------------------|-----------------------|
| I like hanging out around where I live (in my neighbourhood).   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I often spend time playing or doing things in my neighbourhood. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| My neighbourhood is boring.                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## Volunteerism

|  | False                 | Mostly false          | Sometimes true        | Mostly true           | True                  |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Spending time volunteering or helping others in my community is important to me. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel important to my school/community.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have a strong connection to my school/community.                               | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I spend time looking for opportunities to help others in my community.           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

# Teen Mentor Pre-Mentoring Survey 2013-2014

## My Activities

**In the past 12 months, how often have you.....**

|  | Never                 | Less than once a week | 1-3 times a week      | More than 4 times a week |
|--|-----------------------|-----------------------|-----------------------|--------------------------|
| done a hobby or craft (e.g. drawing, model-building, etc)?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| played sports or done physical activity without a coach or instructor (e.g. biking, skateboarding, etc)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| played sports with a coach or instructor, other than gym class?  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| taken part in dance, gymnastics, karate or other groups or lessons, outside of class?                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| taken part in art, drama, or music groups, clubs or lessons, outside of class?                           | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| taken part in clubs or groups such as Guides or Scouts, community or religious groups?                   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| attended a club, group, or program in the evening, anytime between 3:00pm and 6:00pm?                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |
| attended a club, group or program in the evening, anytime between 6:00pm and 10:00pm?                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/>    |

**In any of these activities, do you have special responsibility, such as team leader, captain, secretary, etc?**

☐ No

☐ Yes

## My Activities...continued

**On average, (how often by day)**

|   | I don't do either     | Less than 1 hr/day    | 1-2 hours/day         | 3-4 hours/day         | 5-6 hours/day         | 7+ hours/day          |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| about how many hours a day to you watch TV or play video games  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| about how many hours a day do you spend on a computer or texting (e.g.. doing work, playing games, e-mailing, chatting, surfing the internet, etc)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| about how much time in a day do you spend looking after a younger brother or sister while your parents are not at home?                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| About how much time in a day do you spend alone at home while nobody else is at home?   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

# Teen Mentor Pre-Mentoring Survey 2013-2014

## My Activities....continued

### On average, (how often by week)

|   | I don't do<br>either  | Less than 1<br>hr/week | 1-2<br>hours/week     | 3-4<br>hours/week     | 5-6<br>hours/week     | 7+ hours/week         |
|---|-----------------------|------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| About how many hours a week do you spend in afterschool programs between the hours of 3:00pm and 6:00pm (e.g. sports, youth drop-in, clubs, guides or Scouts, faith programs, etc)? | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| About how many a week do you spend in evening programs between the hours of 6:00 pm and 10:00pm (e.g. sports, youth drop-in, clubs, guides or Scouts, faith programs, etc)?         | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| About how many hours a week do you spend hanging around the community or at the mall with nothing special to do?  | <input type="radio"/> | <input type="radio"/>  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |