COURSE HSS3070: PEER MENTORING

Level: Advanced

Prerequisite: HSS3060: Extending the Mentoring Relationship
        HSS3050: Becoming a Mentee
        HSS1080: Leadership Fundamentals 1

Description: Students examine the Positive Youth Development Model and assist in the planning, facilitation and assessment of a peer mentoring program for a specific community.

Parameters: Access to an existing Peer Mentoring program or a Peer Mentoring program that is being initiated.

Supporting Courses: HSS1030: Communication Skills for Helping Relationships
        HSS1040: Developing Maturity & Independence
        HSS2030: Perspectives on Interpersonal Relationships
        HSS2080: Leadership Fundamentals 2
        CCS3080: Community Enhancement

Outcomes: The student will:

1. **evaluate the Positive Youth Development (PYD)model**
   1.1 explain the key components (the 5 C's) of PYD
      1.1.1 competence
      1.1.2 confidence
      1.1.3 connection
      1.1.4 character
      1.1.5 caring
   1.2 assess the value of mentoring for positive youth development
   1.3 predict how a mentoring relationship could support positive youth development
2. **demonstrate basic planning strategies while assisting with an effective peer mentoring program in a specific community**
   2.1 compare and contrast the variations of peer mentoring
      2.1.1 peer-to-peer mentoring
      2.1.2 cross-age peer mentoring
   2.2 describe the benefits of a peer mentoring program in multiple communities, including:
      2.2.1 elementary schools
      2.2.2 secondary schools
      2.2.3 adult communities
      2.2.4 seniors communities
   2.3 share personal peer mentoring experiences with the project team to determine strengths of team members related to mentoring
   2.4 assist in performing a needs assessment for a specific community where a peer mentoring program exists or is initiated, including collection of information about:
      2.4.1 academic needs
      2.4.2 social needs
      2.4.3 career needs
      2.4.4 emotional needs

2.5　collect information necessary to assist other mentoring administrators to develop capacity for a peer mentoring project, such as information related to:
 2.5.1　necessary permissions
 2.5.2　facilities and equipment resources
 2.5.3　financial resources
 2.5.4　human resources
 2.5.5　scheduling
 2.5.6　advertising
 2.5.7　recognition
2.6　assist in surveying a specific community to determine individuals seeking mentorship
2.7　assist in analyzing data from the survey to determine capacity for matching mentees and mentors
2.8　participate in setting goals for a peer mentoring program based on results of a needs assessment
2.9　justify a course of action decided on by the administration of a peer mentoring program

3.　assist with building and/or facilitating a peer mentoring program to support a specific community
3.1　demonstrate effective communication skills while building and/or participating in a mentoring program
3.2　establish effective relationships with community leaders
3.3　assist with creating matches between mentors and mentees based on survey results from needs assessment
3.4　assist with assessing the effectiveness of matches between mentors and mentees as the mentorship relationships evolve
3.5　demonstrate strategies for supporting mentoring relationships in the program
 3.5.1　anticipate supportive resources that may be required to support the mentees and mentors in the program
 3.5.2　gather recognized mentorship resources that may be useful
 3.5.3　provide supportive resources to mentors and/or mentees in the program based on needs that arise

4.　assist with the evaluation of a new or existing mentorship program
4.1　assist with the collection of quantitative and qualitative information about the program from:
 4.1.1　mentees
 4.1.2　mentors
 4.1.3　community leaders
4.2　analyze information in relation to goals
4.3　support mentors and mentees to renegotiate and/or exit relationships where appropriate under the direction of program administrators
4.4　assist with planning for succession or completion of a mentoring program
4.5　justify the importance of celebrating the program, including:
 4.5.1　achievements related to goals
 4.5.2　benefits of the mentoring relationships

5.　demonstrate basic competencies
5.1　demonstrate fundamental skills to:
 5.1.1　communicate
 5.1.2　manage information
 5.1.3　think and solve problems
5.2　demonstrate personal management skills to:
 5.2.1　demonstrate positive attitudes and behaviours
 5.2.2　be responsible
 5.2.3　be adaptable
 5.2.4　learn continuously
 5.2.5　work safely

5.3 demonstrate teamwork skills to:
    5.3.1 work with others
    5.3.2 participate in projects and tasks
6. create a transitional strategy to accommodate personal changes and build personal values
    6.1 identify short-term and long-term goals
    6.2 identify steps to achieve goals.